



Randi Love, MA, LMHC

Certified Focusing-Oriented Therapist
Focusing Coordinator-in-Training
Teacher, Seattle Focusing Institute

Randi Love is a Focusing-Oriented Psychotherapist and Focusing Coordinator-in-Training who specializes in working with complex and intergenerational trauma. She has assisted Jeffrey Morrison in his Focusing Training Program since its inception in 2014. Randi discovered Focusing-Oriented Therapy in 2013 when she met Jeffrey at the Embodied Life School with Russell Delman, which combines Feldenkrais, Focusing, and contemplative practices. With over thirty years of experience teaching graduate students and colleagues in the field of speech and language pathology, Randi was eager to collaborate with Jeffrey on developing a focusing training program.

Randi grew up in the Pacific Northwest, which inspired her deep relationship with nature. She began her career as a speech-language pathologist, earning a master's degree from Western Michigan University, funded by a traineeship at what was then a Neuro-Psychiatric Hospital in Battle Creek, Michigan. Randi supported her family by working with children who evidenced speech and language disorders until she returned to school to get her second master's degree in the field of her primary life-long interest – counseling-psychology.

Randi is a life-long learner who continues to avail herself of learning experiences and materials that inform her ability to share Focusing with clients and students. She is currently allowing her interest in Focusing to inform her study of healing collective and Intergenerational wounds, incorporating the teachings of Thomas Hubl.

Randi and her husband recently moved to California where they enjoy living close to her adult daughter and her family. Their lives are filled with gardening, camping, kayaking, and returning to Oregon and Washington to enjoy the rain, be near lush green vegetation, and visit treasured friends. Randi also continues to take pleasure in working with clients in her private practice as well as assisting Jeffrey in his training program.

“Life experiences have enabled me to learn to sit with the darkness while holding spaciousness to allow life’s forward movement to occur. My life-long commitment has been to use my personal and professional experiences to assist others to learn to unwind intergenerational and historical

trauma and develop practices that help them experience the vital, life-giving energy that moves them toward a 'right way of being'. With this as my calling, I have continued to expand my knowledge in the field of Focusing-Oriented Psychotherapy, as well as neurobiology, positive psychology, and meditation."

Contact

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